

**Salil Gupta, M.D.**

University Place Orthopaedics  
95 University Place, 8<sup>th</sup> Floor  
New York, NY 10003  
212-400-6633 Fax# 212-260-5260

**Name:**

**Date of Surgery:**

**Surgical Locations:**

**Hospital for Joint Diseases:**

301 EAST 17<sup>TH</sup> St. at 2<sup>ND</sup> AVE - 212-598-6090

**NYU Ambulatory Surgery Center:**

339 EAST 38<sup>TH</sup> St. at 1<sup>ST</sup> AVE -212-263-1023

**Manhattan Surgery Center:**

619 West 54<sup>th</sup> St, New York, NY - 212-231-7778

For patient registration forms: Go Online: [www.manhattansc.com](http://www.manhattansc.com)

Password: MSC212NEW

**Forest Hills Hospital:**

102-01 66<sup>TH</sup> Rd, Forest Hills, NY 11375: 718-830-4316

### Pre-Op Instructions:

1. Please do not EAT or DRINK anything after midnight the evening before your surgery; not even water!! (If your doctor has advised you to take any medication, please take them with just a sip of water only.)
2. Please arrive at the surgical facility 1.5 hours prior to the scheduled surgery time
3. A nurse from the surgical facility will contact you between 4--6pm on the day prior to the surgery (Fridays for Monday procedures) to give you your surgery time
4. New York State law requires that you have an escort to take you home after your surgery. The only exception is if your surgery is done with local anesthesia ONLY, NO SEDATION
5. All cancellations or rescheduling of surgery must be done prior to 24 hours before the procedure, or by Thursday for Monday procedures or there will be \$500 fee.

### Pre-Admission Testing:

The pre-admission testing process requires the following:

10-20 min with the Anesthesiologist

20-45 minutes will be spent with the nurse:  
blood drawn, nursing and pain assessment  
**\*\*you Do Not have to fast for this**

**\* Important Reminders:**

\*Stop taking any and all aspirin containing medications including anti-inflammatory agents : (Advil, Motrin, Aleve, Celebrex, etc.) approx. 7 days before surgery (this will reduce post-op bleeding); It is OK to continue Tylenol

\*\*Stop taking herbal supplements approximately two weeks prior to surgery esp. vitamin E, St. John's Wort & Ginko Biloba

**Very Important:**

**If you are on Aspirin, Plavix, Coumadin, or any other blood thinner or anti-coagulant, you MUST have your doctor advise you whether or not you need to stop taking these medications prior to surgery!**

**Post-Op Instructions:**

1. Keep the operated extremity elevated
2. Do not get your dressings wet
3. Move your fingers and joints as instructed
4. Remove your splint as per Dr. Gupta's instructions:  
after 5 days for carpal tunnel release and excision of ganglions

Your Post-operative appointment date and location:

**Date:**

If you have any questions, please contact:

**Santa Rosario, 212-400-6633**

You can visit us at [salilguptamd.com](http://salilguptamd.com)